Things to see & do in Gros Morne
Gros Morne National Park was designated a UNESCO World Heritage Site in 1987 for its impressive geological features. The 1,805 sq kilometre park offers unsurpassed beauty and adventure – a perfect complement to the local cultural scene.

This map is your guide to summer adventure in Gros Morne. Numbers on the map correspond to brief descriptions and extra information below that will allow you to get the most out of your Gros Morne experience.

HERITAGE & MUSEUMS
- Nurse's Memorial. (709) 458-2500.
- Gros Morne National Park Discovery Centre. T: (709) 458-2417; e: grosmorne.info@pc.gc.ca; www.pc.gc.ca/grosmorne.
- Gros Morne Theatre Festival. “A lively mix of drama, dinner theatre & Newfoundland times” presented by Theatre Newfoundland Labrador. T: (709) 458-2417; e: grosmorne.info@pc.gc.ca; www.pc.gc.ca.
- Gros Morne Fall Fair. Fall for Gros Morne with craft workshops, kitchen parties and culminating with the fall fair on Sunday in Cow Head. T: (709) 458-2016; e: info@bontours.ca; www.bontours.ca.

ATTRACTIONS
- Pioneer Museum. 710 Main St. T: (709) 458-2722; e: pmuseum@nw Newtown.com; www.pioneermuseumnewfoundland.com.
- Gros Morne National Park’s annual festival. T: (709) 458-2722; e: pmuseum@nw Newtown.com; www.pioneermuseumnewfoundland.com.
- Gros Morne National Park Canada. Received worldwide recognition as a UNESCO World Heritage Site for its geological splendors and living forests. T: (709) 458-2417; e: grosmorne.info@pc.gc.ca; www.pc.gc.ca.
- Gros Morne Visitor Centre. Route 430, Rocky Harbour. T: (709) 458-2417; e: grosmorne.info@pc.gc.ca; www.pc.gc.ca.
- The Stalkinga. See the Earth’s oldest fossil rock formations. T: (709) 458-2417; e: grosmorne.info@pc.gc.ca; www.pc.gc.ca.
- Western Brook Pond Trail (To Boat Tour). One Way Length: 3 km; Duration: 2 hrs; Difficulty: Easy/Moderate.
- Stuckless Pond. Loop Length: 9.5 km; Duration: 3-4 hrs; Difficulty: Easy/Moderate.
- Berry’s Trail. Return Length: 1 km; Duration: 0.5 hrs; Difficulty: Easy/Moderate.
- Green Gardens. Short Hike. Return Length: 9 km; Duration: 3 hrs; Difficulty: Moderate/Strenuous.
- Green Gardens, Long Hike. Loop Length: 16 km; Duration: 6 hrs; Difficulty: Strenuous.
- Rocky Harbour. Loop Length: 12 km; Duration: 3 hrs; Difficulty: Moderate/Strenuous.
- Tablelands. Return Length: 4 km; Duration: 1.5 hrs; Difficulty: Moderate. Note: Also available as a guided hike with a guide from a local outfitter.
- Lookout, Loop Length: 5 km; Duration: 2.5 hrs; Difficulty: Strenuous/Moderate.
- Snag Harbour. Return Length: 4 km; Duration: 2 hrs; Difficulty: Strenuous.
- Landmark River. Loop Length: 4.5 km; Duration: 2 hrs; Difficulty: Moderate/Strenuous.
- Blackouts Pond. Loop Length: 0.5 km; Duration: 3 hrs; Difficulty: Strenuous.
- Southeast Brook Falls. Return Length: 1 km; Duration: 0.5 hrs; Difficulty: Easy/Moderate.
- Mary Mitchell. Loop Length: 0.5 km; Duration: 1 hr; Difficulty: Easy.
- Gros Morne Mountain. Loop Length: 16 km; Duration: 7-8 hrs; Difficulty: Strenuous/Very Strenuous.
- Berry Head Pond. Loop Length: 2 km; Duration: 0.5 – 1 hr; Difficulty: Easy.
- Snag Brook Falls. Return Length: 10 km; Duration: 2-3 hrs; Difficulty: Moderate.
- Berry Head Pond. Loop Length: 3 km; Duration: 0.5 – 1 hr; Difficulty: Easy. Note: Foot path in an wheelchair accessible.
- Coastal Trail (Green Point). Return Length: 6 km; Duration: 0 hrs; Difficulty: Easy.
- Grass Harbour. Return Length: 9 km; Duration: 2 hrs; Difficulty: Moderate. Note: Requires funding Western’s Brook.
- Steves Trail. Return Length: 1 km; Duration: 0.5 hrs; Difficulty: Easy.
- Old Mist Road. Return Length: 2 km; Duration: 0.5 hrs; Difficulty: Easy.
- North Brook Traverse. One Way Length: 27 km; Duration: 3 hrs; Difficulty: Very Strenuous.
- Long Range Traverse. One Way Length: 35 km; Duration: 4 hrs; Difficulty: Very Strenuous.
- Woody Point Traverse. One Way Length: 35 km; Duration: 4 hrs; Difficulty: Very Strenuous. Note: Traverse begins in Woody Point bath water tower.
- Overfalls Trail. 75 km wide trail is part of the International Appalachian Trail.
- Rocky Hill Hiking Trail. The trailhead is located at the Norris Point waterfront. Community Trail – Norris Point.
- Lighthouse Trail. Follows an old path used by early settlers to get to the lighthouse. Community Trail – Cow Head.
- Southeast Brook Falls. Return Length: 1 km; Duration: 0.5 hrs; Difficulty: Easy/Moderate.
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